

February

Child Development Center Menu

MONDAY

1 / 29

TUESDAY

1 / 30

WEDNESDAY

1 / 31

THURSDAY

2 / 1

FRIDAY

2 / 2



AM SNACK

Milk
Fresh Blueberries
String Cheese
(Milk)

LUNCH

Banana Pancakes
(Milk, Eggs, Wheat,
Gluten, Soy)
Hash Browns
Diced Cantaloupe

PM SNACK

Sunchips Original
(Wheat, Gluten)

AM SNACK

Milk
Plain Bagel (Wheat,
Gluten)
Cream Cheese
(Milk)

LUNCH

Baja Fish Taco (Milk,
Fish, Soy, Wheat,
Gluten)
Tofu Taco (Wheat,
Gluten, Milk, Soy)
Fresh Strawberries
Carolina Slaw



PM SNACK

Tortilla Chips
Queso Blanco
(Milk, Soy)

AM SNACK

Milk
Rice Krispies

LUNCH

BBQ Chicken Thigh
Grilled BBQ Tofu (soy)
Macaroni & Cheese
(Milk, Wheat, Soy,
Gluten)
Pears

PM SNACK

Fresh Orange
Wedges
Graham Crackers
(Wheat, Gluten,
Soy)

AM SNACK

Milk
Apple Cinnamon
Muffin (Milk, Eggs,
Wheat, Soy, Gluten)

LUNCH

Hamburger (Wheat,
Soy, Gluten)
Black Bean Burger
(Wheat, Soy, Gluten)
French Fries (Soy)
Diced Honey Dew

PM SNACK

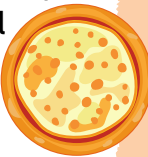
Nutrigrain Bar
(milk, soy, wheat,
gluten)

AM SNACK

Milk
Strawberry Yogurt
(Milk)

LUNCH

Cheese Pizza (Milk,
Wheat, Soy, Gluten)
Cucumber & Bell
Pepper
Ranch (Eggs,
Milk, Soy)
Blueberries



PM SNACK

Banana
Cheerios



February

Child Development Center Menu

MONDAY
2 / 5

AM SNACK

Milk
Plain Bagel (*Wheat, Gluten*)
Cream Cheese (*Milk*)

LUNCH

Cheese Quesadilla (*Milk, Wheat, Gluten*)
Honeydew
Steamed Broccoli

PM SNACK

Apple Sauce
Pretzel Goldfish (*Wheat, Gluten, Milk, Soy*)

TUESDAY
2 / 6

AM SNACK

Milk
Fresh Blueberries
String Cheese (*Milk*)

LUNCH

Soft Turkey Tacos (*Wheat, Gluten*)
Tofu Taco (*Wheat, Gluten, Milk, Soy*)
Diced Cantaloupe
Bell Peppers
Ranch (*Egg, Soy, Milk*)

PM SNACK

Nutrigrain Bar (*Milk, Soy, Wheat, Gluten*)

WEDNESDAY
2 / 7

AM SNACK

Milk
Orange Muffin (*Milk, Eggs, Wheat, Gluten, Soy*)

LUNCH

Herbed Grilled Chicken
Grilled BBQ Tofu (*soy*)
Steamed Peas & Carrots
Fresh Pineapple

PM SNACK

Clementines
Cracker (*Soy, Wheat, Gluten*)

THURSDAY
2 / 8

AM SNACK

Milk
Strawberry Yogurt (*Milk*)

LUNCH

Chicken or Vegetable Lo Mein (*wheat, gluten, soy*)
Apple Slices



PM SNACK

Cheerios
Craisins

FRIDAY
2 / 9

AM SNACK

Milk
Fresh Raspberries
Graham Crackers (*Wheat, Gluten, Soy*)

LUNCH

Pulled Turkey Carnitas
Blackened Tofu (*wheat, soy, gluten*)
Blueberries
Garden Salad

PM SNACK

Guacamole
Tortilla Chips



February

Child Development Center Menu

MONDAY
2 / 12

AM SNACK

Milk
Cheerios
Raisins

LUNCH

French Toast Sticks
(Milk, Eggs, Wheat,
Gluten, Soy)
Fresh Strawberries
Hash Browns

PM SNACK

Apple Sauce
Cheese Stick
(Milk)



TUESDAY
2 / 13

AM SNACK

Milk
Blueberry Muffin
(Milk, Eggs, Wheat,
Gluten, Soy)



LUNCH

Soft Beef Tacos
(Wheat, Gluten, Milk)
Soft Tex Mex
Vegetable Tacos
(Wheat, Gluten, Milk)
Diced Cantaloupe

PM SNACK

Fresh Pineapple
Goldfish Crackers
(Milk, Soy, Wheat,
Gluten)

WEDNESDAY
2 / 14

AM SNACK

Milk
Plain Bagel (Wheat,
Gluten)
Cream Cheese
(Milk)

LUNCH

Herb Roasted Turkey
Breast
Honey Glazed Tofu
(Soy)
Steamed Carrots
Mashed Potatoes
(Milk, Soy)
Pears

PM SNACK

Nutrigrain Bar
(Milk, Wheat, Soy,
Gluten)

THURSDAY
2 / 15

AM SNACK

Milk
Apple Slices



LUNCH

BBQ Chicken Thigh
Grilled BBQ Tofu (soy)
Macaroni & Cheese
(Milk, Wheat, Soy,
Gluten)
Pears

PM SNACK

Guacamole
Tortilla Chips

FRIDAY
2 / 16

AM SNACK

Milk
Vanilla Yogurt (Milk)
Graham Crackers
(Wheat, Gluten, Soy)

LUNCH

Cheese Pizza (Milk,
Wheat, Soy, Gluten)
Sliced Cucumber
Bell Peppers
Ranch Dressing (Milk,
Eggs, Soy)
Strawberries

PM SNACK

Sunchips Original
(Wheat, Gluten)



February

Child Development Center Menu

MONDAY
2/19

AM SNACK

Milk
Cheerios
Craisins



LUNCH

Banana Pancakes
(Milk, Eggs, Wheat,
Gluten, Soy)
Hash Browns
Diced Cantaloupe

PM SNACK

Crackers
(Soy, Wheat,
Gluten)
Blueberries

TUESDAY
2/20

AM SNACK

Milk
Apple Slices
Graham Crackers
(Wheat, Gluten, Soy)

LUNCH

Chicken Nuggets
(Wheat, Gluten)
Incogmeato Tenders
(Wheat, Gluten, Soy)
Fresh Blueberries
Roasted Sweet
Potatoes

PM SNACK

Pretzels (Wheat,
Gluten)

WEDNESDAY
2/21

AM SNACK

Milk
Strawberry Yogurt
(Milk)

LUNCH

Italian Meatball (Milk,
Wheat, Soy, Gluten)
Spaghetti with
Marinara Sauce
(Wheat, Gluten)
Veggie Meatball (Soy,
Wheat, Gluten)
Fresh Pineapple
Steamed Broccoli

PM SNACK

Chips & Salsa



THURSDAY
2/22

AM SNACK

Milk
Orange Muffin
(Milk, Eggs, Wheat,
Gluten, Soy)

LUNCH

Baked Pollock Sticks
(Milk, Fish, Wheat,
Gluten, Soy)
Blackened Tofu
(Wheat, Soy, Gluten)
Diced Cantaloupe
French Fries (Soy)

PM SNACK

Goldfish Crackers
(milk, soy, wheat,
gluten)

FRIDAY
2/23

AM SNACK

Milk
Fresh Raspberries
Graham Crackers
(Soy, Wheat, Gluten)



LUNCH

Chicken or Vegetable
Fried Rice (Wheat,
Soy, Gluten)
Steamed Baby
Carrots
Apple Slices

PM SNACK

Fresh Orange
Wedges
Cheese Stick (Milk)



February

Child Development Center Menu

MONDAY

2 / 26

TUESDAY

2 / 27

WEDNESDAY

2 / 28

THURSDAY

2 / 29

FRIDAY

3 / 1

AM SNACK

Milk
Fresh Blueberries
String Cheese
(Milk)

LUNCH

Banana Pancakes
(Milk, Eggs, Wheat,
Gluten, Soy)
Hash Browns
Diced Cantaloupe

PM SNACK

Sunchips Original
(Wheat, Gluten)

AM SNACK

Milk
Plain Bagel (Wheat,
Gluten)
Cream Cheese
(Milk)

LUNCH

Baja Fish Taco (Milk,
Fish, Soy, Wheat,
Gluten)
Tofu Taco (Wheat,
Gluten, Milk, Soy)
Fresh Strawberries
Carolina Slaw

PM SNACK

Tortilla Chips
Queso Blanco
(Milk, Soy)



AM SNACK

Milk
Rice Krispies

LUNCH

BBQ Chicken Thigh
Grilled BBQ Tofu (soy)
Macaroni & Cheese
(Milk, Wheat, Soy,
Gluten)
Pears

PM SNACK

Fresh Orange
Wedges
Graham Crackers
(Wheat, Gluten,
Soy)

AM SNACK

Milk
Apple Cinnamon
Muffin (Milk, Eggs,
Wheat, Soy, Gluten)

LUNCH

Hamburger (Wheat,
Soy, Gluten)
Black Bean Burger
(Wheat, Soy, Gluten)
French Fries (Soy)
Diced Honey Dew

PM SNACK

Nutrigrain Bar
(milk, soy, wheat,
gluten)

AM SNACK

Milk
Strawberry Yogurt
(Milk)

LUNCH

Cheese Pizza (Milk,
Wheat, Soy, Gluten)
Cucumber & Bell
Pepper
Ranch (Eggs,
Milk, Soy)
Blueberries

PM SNACK

Banana
Cheerios

